

## **Pixel**

## PRE-CARE

Sun exposure and/or usage of a tanning bed, including self-tanning products must be avoided for 2 weeks before and after the treatment, Treatment within 2 weeks of active tanning (natural sunlight, artificial tanning booth, or sunless tanning products) may result in hypopigmentation (white spots) or hyperpigmentation (dark spots) that may not clear for several months or may even be permanent.

- If you have a history of cold sores, we may recommend prophylactic antiviral therapy. If so, follow the directions for your prescription.
- Area to be treated must be clean, and free of any lotion, makeup, and sunscreen.
- Accutane must be discontinued for a period of at least 6 months prior to receiving treatment.
- No area to be treated should receive any type of Chemical Peel for 2 weeks prior and after treatment.
- Retin-A, Renova, and Tazorac must not be used for 1 week prior or after treatment.
- Waxing and depilatories must be avoided for 2 weeks prior and after the treatment. Shaving is allowed immediately before treatment.
- You may not be pregnant for Pixel treatment.
- Notify the provider of any tattoos, including cosmetic tattooing, in the vicinity of the area to be treated as tattoos must be avoided.

## **POST-CARE**

- A sunburn-like effect is normal for 1-3 days. Severity of redness will depend on each individual. The skin may feel tight, dry, swollen, and sensitive to the touch. The treated area may appear darker and the darkened skin may slough within 5-10 days. The sloughing generally starts around the mouth area first. Avoid picking or exfoliating the area and allow old skin to flake off naturally. Picking or scrubbing at the skin can lead to pigment irregularities including scarring of the skin.
- After Care Products and Regimen: Wash the treated area gently twice a day with a gentle cleanser. Use lukewarm water. Apply a soothing, healing moisturizer as often as needed for the first 3 days.
- Sun exposure must be avoided for at least 2 weeks. If you know you will get incidental sun exposure, i.e., driving to and from work, walking from your car to the house, etc., we recommend physical avoidance of the sun in all treated areas, a protective hat, and a full spectrum sun block of SPF 30 or higher.
- Do not use exfoliating medications, chemicals, or products on the treated areas for at least 1 week.



- Avoid vigorous exercise, jacuzzies, saunas, or steam baths while skin is healing.
- Tylenol may be taken as necessary for discomfort. Ice packs may be used if desired to minimize swelling. Sleep on your back with your head elevated slightly to reduce swelling.
- It is recommended that makeup should not be applied for 24 hours after the procedure.