

Microneedling

PRE-CARE

- No Retin-A products for 24 hours prior to treatment.
- Avoid blood thinning agents for 72 hours prior to treatment (aspirin, ibuprofen, fish oil).
- No recent sun exposure to the treatment area 24 hours prior to treatment.
- Active acne breakouts cannot be treated. If an extreme breakout occurs let your provider know.
- Rejuvopen needling may trigger a cold sore response in patients and a prophylaxis medication may be prescribed to those who are prone to breakouts.

POST-CARE

- Apply Sunscreen.
- Do not perform any vigorous exercise for at least 12 hours after treatment.
- Do not apply make-up for at least 12 hours after the treatment.
- For the first 1-7 days the skin will be dry and feel tight with a reddish pink coloring to it.
- After 2-3 days patients can return to regular skin care products or as soon as it is comfortable to do so.
- Avoid alcohol-based toners 10-14 days.
- Avoid direct sun exposure for at least 10 days if possible.