

Emsella

PRE-CARE

- Emsella is a great option for women and men of any age who desire a solution for bladder leaks/incontinence and improvement in their quality of life.
- Come to your appointment in comfortable clothes
- Let your treatment provider know if you have or have had any of the following possible contraindications for treatment: Copper IUD, piercings in treatment area, cardiac pacemakers, implanted defibrillators, implanted neurostimulators, electronic implants, metal implants, drug pumps, hemorrhagic conditions, anticoagulation therapy, heart disorders, or recent surgical procedures (muscle contraction may disrupt healing in the treatment area). Pregnant or nursing women cannot undergo the Emsella treatment.
- ***You must not be on your menstrual cycle on the day of your treatment.***

POST-CARE

- You may observe improvement after a single session. The results will typically continue to improve over the next few weeks. A recent clinical study demonstrated that 95% of patients treated reported satisfaction and significant improvement in their quality of life following a series of six consistent treatments. Additionally, 67% of treated patients eliminated or decreased the use of hygienic pads in day-to-day life.
- You may experience mild soreness in the muscles of the pelvic area after treatment as one 28-minute session is equivalent to 11,000 Kegel exercises.