

## ClearLift

## PRE-CARE

- Wait 6 months after ending Accutane treatments.
- Discontinue exfoliants such as retinol, all topical acne treatments, glycolic acid, salicylic acid, benzoyl peroxide, and hydroquinone for 1 week prior.
- Shave any hair in the treatment area.
- Avoid sun exposure, tanning beds, and tanning products for 2 weeks before and after the treatment. Treatment within 2 weeks of tanning or unprotected sun exposure may result in hypopigmentation (whitening of the skin) or hyperpigmentation (darkening of the skin) that may not clear for several months or could become permanent.
- Avoid chemicals peel for 1-2 weeks prior.

## POST-CARE

- Your skin may appear flushed immediately after treatment, this is normal.
- Apply post-treatment products as recommended by your provider.
- Apply sunscreen daily after your procedure.
- Avoid exfoliants, scrubbing, microdermabrasion, chemical peels, facials, shaving, and waxing for 2 weeks after the procedure.